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1 The presence of two ovulatory follicles at timed artificial insemination affects ovulatory
2 response to GnRH in high producing dairy cows

3

4 Running head: Two ovulatory follicles and ovulation

5

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18

19 Abstract

20

21 This study sought to examine the impact of the presence of two co-dominant (ovulatory)
22 follicles at the time of artificial insemination (AI) on the ovulatory response to GnRH
23 given in a fixed-time AI protocol. The study population comprised 622 lactating dairy
24 cows: 306 (49.2%) with a single follicle, 198 (31.8%) with two bilateral follicles (one
25 follicle per ovary) and 118 (19%) with two unilateral follicles (same ovary). Based on
26 odds ratios, cows with two bilateral or unilateral follicles were less likely (by factors of
27 0.09 and 0.11, respectively) to undergo ovulation failure compared with cows with one
28 follicle ($P = 0.01$ and $P = 0.02$, respectively); the likelihood of ovulation failure
29 decreased 0.75 times with every one-mm increase in follicle diameter for cows with a
30 single follicle, whereas individual follicle diameter was not related to ovulation failure
31 in cows with two bilateral follicles ($P = 0.001$). The likelihood of double ovulation
32 decreased 0.7 times with every one-mm diameter difference between the larger and
33 smaller follicle for all cows with two follicles ($P = 0.001$), whereas cows with two
34 unilateral follicles showed a higher ($P < 0.05$) double ovulation rate than cows with two
35 bilateral follicles. In 116 (58.6%) of the cows with two bilateral follicles, only the larger
36 follicle ovulated in 59.5% cows, whereas only the smaller one ovulated in the remaining
37 40.5% cows. In these cows, a one-mm size difference between the larger and the
38 smaller follicle gave rise to a 1.12-fold increase in the ovulation failure rate for the
39 larger follicles ($P = 0.0001$). Cows with two bilateral follicles were more likely (by a
40 factor of 1.5) to conceive than cows with one follicle ($P = 0.001$). Significant right-left
41 differences were not found in cows with two bilateral follicles, whereas the right ovary
42 was more active than the left in the remaining cows. Our results indicate that cows with
43 two co-dominant follicles at AI show different ovulation patterns to those with one

44 dominant follicle. A higher rate of ovulation failure was observed among cows with one
45 follicle than cows with two follicles, whereas the conception rate was higher for cows
46 with two bilateral follicles than for the remaining cows. In cows with two follicles,
47 double ovulations along with ovulation of the smaller follicle were related to the least
48 size difference between the larger and smaller follicle.

49

50 Keywords: Co-dominant follicles; Follicular diameter; Ovulation failure; Double
51 ovulation; Bilateral asymmetry.

52

53

54 1. Introduction

55 Pregnancy loss during the late embryonic/early fetal period severely affects dairy herd
56 economy [1,2], and twin pregnancy is the main non-infectious factor compromising
57 pregnancy maintenance during this period [3,4]. In some herds, the twin pregnancy rate
58 may be higher than 18% [5] and twin pregnancy losses of up to 50% have been
59 recorded, especially under heat stress conditions [6,7]. Understandably, the twin
60 pregnancy rate is closely related to the twinning rate, which has a dramatic negative
61 impact on the survival of dairy cows giving birth to twins [8e10]. Moreover, the real
62 economic impacts of twinning are probably on the rise since twinning rates have
63 increased considerably over the past three decades and will arguably continue to do so
64 along with milk production [4,11]. The most probably reason for this is an increased
65 double ovulation rate related to high milk production [12]. Double ovulation can occur
66 in as many as 25% of cows during their third or later lactation [13].

67

68 During the estrus cycle, there are two or three consecutive waves of follicular growth
69 comprising the inter-ovulatory interval. In each wave a dominant follicle and several
70 subordinate follicles develop during a process termed deviation [14,15]. The mean
71 diameter of the dominant follicle at the time of deviation may be 1.6mm larger than the
72 largest subordinate follicle [16], and each follicular wave usually ends with the
73 development of a single nonovulatory or ovulatory dominant follicle [17]. Only the last
74 of the two or three waves is ovulatory. During the ovulatory wave, the largest follicle
75 that finally ovulates enlarges as estrus approaches, and is especially large on Day 18 of
76 the cycle [18,19]. However, there is significant variation in the numbers of various sized
77 antral follicles present during the estrus cycle of dairy cows [20]. In cows [21] and
78 women [22] delivering twins, increased follicular recruitment and growth has been

79 described. In essence, the selection of beef cattle for twin births may increase the
80 twinning rate to an annual frequency higher than 50% [23]. Therefore, two or more
81 ovulatory follicles are often present at the time of insemination. Natural double
82 ovulations result from the simultaneous formation of two co-dominant (ovulatory)
83 follicles in the same ovary or from one follicle in each ovary within a follicular wave
84 [21,24].

85 Synchronization protocols for fixed-time artificial insemination (FTAI) have become
86 routine practice in the reproductive management of lactating dairy cows [25]. However,
87 such protocols or hormone treatments following AI can increase the risk of twin
88 pregnancy [5,26]. A number of studies have sought to prevent the negative impact of
89 twinning through the use of hormone synchronization protocols [27,28]. Even so, to our
90 knowledge, no prior report has correlated the presence of two ovulatory follicles at AI
91 with ovulation patterns in lactating dairy cows subjected to ovulation synchronization
92 protocols for FTAI. The purpose of our study was to obtain information on the effects
93 of the presence of two ovulatory follicles at AI on the ovulatory response to GnRH in a
94 five-day progesterone-based FTAI protocol. Such information is important to determine
95 the effects of synchronization protocols for FTAI on twin pregnancies. A further point
96 of interest should be possible reduction of the risk of twin pregnancies. Puncture and
97 drainage of the subordinate follicles at timed artificial insemination may prevent the risk
98 of twin pregnancy in dairy cows [29]. Cows with one ovulatory follicle in each ovary
99 are a good model to assess the fate of each follicle. Accordingly, we hypothesized that
100 the relationship between ovulatory follicle size and the probability of ovulation would
101 be similar for the larger follicle in cows with two bilateral follicles and for the single
102 follicle in cows with only one follicle.

103

104 2. Materials and Methods

105

106 2.1. Cattle and herd management

107

108 This study was performed on a commercial Holstein-Friesian dairy herd in northeastern
109 Spain. During the study period (May 2015 to September 2017), the mean number of
110 lactating cows in the herd was 285 and mean annual milk production was 10,950 kg per
111 cow. The mean annual culling rate was 31%. Cows were grouped according to age
112 (primiparous plus secundiparous versus multiparous), milked three times daily and fed
113 complete rations. All cows were artificially inseminated and the herd was subjected to a
114 weekly reproductive health program, as described elsewhere [30, 31]. Only healthy
115 cows inseminated following a FTAI protocol, free of detectable reproductive disorders
116 and free of clinical diseases during the study period (Days -7 to 28 of insemination)
117 were included. Exclusion criteria were the following disorders: mastitis, lameness,
118 digestive disorders and pathological abnormalities of the reproductive tract detectable
119 by ultrasonography. Spontaneous estrus was detected by visual observation several
120 times throughout the day.

121

122 2.2. Fixed-time AI protocol, insemination and pregnancy diagnosis

123

124 During the weekly reproductive visit, open cows more than 60 days in milk with no
125 estrous signs for at least 21 days were treated with a controlled intravaginal
126 progesterone-releasing device (CIDR) (CIDR, containing 1.38 g of progesterone; Zoetis
127 Spain SL, Alcobendas, Madrid, Spain) plus GnRH (100 µg im; Cystoreline, CEVA
128 Salud Animal, Barcelona, Spain) upon CIDR insertion. The CIDR was left in place for

129 5 d, and these animals were also given PGF₂ α (25 mg dinoprost im; Enzaprost, CEVA
130 Salud Animal, Barcelona, Spain) on CIDR removal. Twenty-four h and 36 h later, the
131 cows received a second PGF₂ α dose and a second GnRH dose, respectively, and were
132 inseminated 50-56 h after CIDR removal.

133

134 All cows were inseminated by two technicians with frozen-thawed semen from 12 bulls
135 14-20 h after the second GnRH dose. If a cow returned to estrus, its status was
136 confirmed by transrectal palpation, and the animal was inseminated at this time and
137 recorded as non-pregnant. In the remaining cows, pregnancy diagnosis was performed
138 by ultrasound 28 d post-AI. Cows diagnosed as not pregnant received a further
139 treatment, but the subsequent data were not included in this experiment. This meant that
140 a cow was included only once per lactation in the study. All gynecological exams and
141 pregnancy diagnoses were performed by the first author.

142

143 2.3. Data collection and statistical analysis

144

145 As in dairy cows the dominant follicle acquires the capacity to ovulate when it reaches a
146 diameter of about 10mm [32], the presence of all follicles of 10 mm or more was
147 recorded. Ovarian follicular structures and the absence or presence of one or more
148 corpus luteum (CL) at least 10mm in diameter were assessed by ultrasonography
149 immediately before AI, and seven days after AI. Depending on the number of ovulatory
150 follicles detected at AI, cows were grouped as having a single follicle, two bilateral
151 follicles (one follicle in each ovary) or unilateral follicles (two follicles in the same
152 ovary). Corpus luteum size was taken as the mean of two measurements approximating
153 the greatest length and width. In cows returning to estrus, the physical properties of the

154 largest ovulatory follicle, uterus and vaginal fluid were used as reference to confirm
155 estrus at AI [33,34]. A cow was classified as ready for service when the CL was either
156 less than 10mm or non-detectable, the diameter of the largest follicle was equal to or
157 greater than 10 mm and the uterus was highly turgid and contractile to the touch.
158 Conception rate was defined as the percentage of cows that became pregnant at FTAI
159 out of the total number of cows in the corresponding group. The maximum temperature-
160 humidity index (THI) on the day of AI was used to evaluate the effects of heat stress
161 (THI values higher than 72 [35]) on subsequent reproductive performance. It should be
162 noted that in our geographical region, a strong negative effect of heat stress on the
163 reproductive performance of lactating dairy cows has been well established [28].
164
165 The following data were recorded for each animal: parturition and treatment dates;
166 parity (primiparous versus multiparous); maximum THI at AI (≤ 72 versus > 72); milk
167 production at AI (low producers < 40 kg versus high producers ≥ 40 kg); days in milk at
168 AI (DIM; < 90 days postpartum versus ≥ 90 days postpartum); follicular size at AI
169 (diameter of the follicles ≥ 10 mm); ovulation failure (absence of a CL ≥ 10 mm seven
170 days after AI); double ovulation (presence of two CL seven days after AI); ovary in
171 which follicular or luteal structures were recorded (right versus left ovary); sire;
172 pregnancy after FTAI; and presence of twins after FTAI. Possible significant ($P < 0.05$)
173 effects of number of ovulatory follicles on categorical variables were explored by a
174 Tukey-Kramer multiple comparison test using the logistic procedure of PASW Statistics
175 for Windows version 18.0 (SPSS Inc., Chicago, IL, USA). Differences in diameters
176 between larger and smaller follicles in cows with two bilateral follicles were analyzed
177 by the Student's t-test.

178

179 Three binary logistic regression analyses were performed using ovulation failure,
180 double ovulation, and conception at FTAI as the dependent variables. The factors
181 entered in the model as independent dichotomous variables (where 1 denotes presence
182 and 0 denotes absence) were parity (multiparous) and heat stress at AI (THI > 72).
183 Number of follicles, days in milk and milk production at AI and sire (class variables),
184 and follicular diameter of the larger follicle in cows with two follicles (continuous
185 variables) were considered factors in the analyses. In the case of the dependent variable
186 conception at FTAI, double ovulation was added as a factor. Possible interactions
187 between number of follicles and the dichotomous variables heat stress and parity were
188 also analyzed.

189

190 Regression analyses were conducted according to the method of Hosmer and Lemeshow
191 [35] using the logistic procedure of PASW Statistics for Windows Version 18.0 (SPSS
192 Inc., Chicago, IL, USA). Basically, this method consists of five steps as follows:
193 preliminary screening of all variables for univariate associations; construction of a full
194 model using all the significant variables arising from the univariate analysis; stepwise
195 removal of non-significant variables from the full model and comparison of the reduced
196 model with the previous model for model fit and confounding; evaluation of plausible
197 interactions among variables; and assessment of model fit using Hosmer-Lemeshow
198 statistics. Variables with univariate associations showing P values < 0.25 were included
199 in the initial model. Model reduction continued until only significant terms according to
200 the Wald statistic remained in the model at $P < 0.05$.

201

202 3. Results

203

204 Twelve cows with three or more follicles equal to or larger than 10 mm, and eight cows
205 with one single follicle at AI but with two corpora lutea seven days later were
206 withdrawn from the study. The final study population was comprised of 622 cows: 306
207 (49.2%) with a single follicle, 198 (31.8%) with two bilateral follicles (one follicle in
208 each ovary) and 118 (19%) with two unilateral follicles (two follicles in the right or left
209 ovary). Double ovulation was recorded in 113 cows amounting to 35.8% of the 316
210 cows with two follicles and 18.2% of all 622 inseminated cows.

211

212 Mean milk production and days in milk at AI and number of lactations were 40.2 ± 9.8
213 kg, 132.4 ± 48.2 days, and 2.7 ± 1.7 lactations, respectively (mean \pm SD). All cows had
214 at least a follicular structure equal to or larger than 10 mm, the absence of CL or a CL
215 smaller than 10mm was considered ready for insemination. The independent variables
216 recorded for each of the three ovulatory follicle states at AI and effects of the different
217 states on each dependent variable are shown in Table 1. According to Tukey-Kramer
218 multiple comparison tests, parity, milk production, days in milk and maximum THI at
219 AI had no effects on follicular patterns. The ovulation failure rate was higher for cows
220 with one follicle (16%) than for cows with two follicles (10.4%). Cows with two
221 unilateral follicles showed a higher rate of double ovulation (48.6%) than cows with
222 two bilateral follicles (34.8%). Mean follicle diameter, considering the largest follicle
223 for cows with two follicles, did not differ among groups. One hundred and seventy eight
224 cows (28.6%) of the 622 cows enrolled became pregnant following FTAI. Twin
225 pregnancy was recorded in 17 cows (9.6%) of these 178 pregnant cows. The conception
226 rate at AI was higher for cows with two bilateral follicles (34.8%) than for the
227 remaining cows (25.7%).

228

229 Follicular patterns related to the presence of one follicle on the right or on the left ovary
230 are shown in Table 2. The right ovary was more active than the left one in cows with a
231 single follicle and in cows with two unilateral follicles. Significant right-left differences
232 were not found in cows with two bilateral follicles.

233

234 3.1. Ovulation failure

235

236 For all cows (n = 622), number of follicles at AI was the only variable related to
237 ovulation failure. Based on the odds ratios (Table 3), cows with two bilateral or
238 unilateral follicles were less likely (by a factor of 0.09 and 0.11, respectively) to suffer
239 ovulation failure compared to cows with one follicle (P = 0.01 and P = 0.02,
240 respectively). No significant effects of the remaining variables or interactions were
241 found.

242

243 In cows with one follicle (n = 306), the likelihood of ovulation failure decreased 0.75
244 times with a one-mm increase the follicle diameter at AI (odds ratio: 0.75; 95%
245 confidence interval: 0.60-0.9; P = 0.001). No significant effects of the remaining
246 variables examined were found. Fig. 1 shows ovulation failure values for different
247 follicle diameters. Lower ovulation failure rates were observed for follicles measuring
248 16mm or more in diameter.

249

250 Among the cows with two bilateral follicles at AI (n = 198), a single ovulation was
251 recorded in 116 (58.6%). In these 116 single ovulating cows, the larger follicle ovulated
252 in 69 cows (59.5%), whereas the smaller one ovulated in the remaining 47 cows
253 (40.5%). The mean diameter (\pm SD) of the larger follicles that failed to ovulate ($17.5 \pm$

254 3.26 mm) was greater ($P = 0.003$; Student's t-test) than that of the larger ovulating
255 follicles (15.5 ± 2.97 mm). A one-mm larger diameter of the larger versus smaller
256 follicle was found to give rise to a 1.12-fold increase in the ovulation failure rate for the
257 larger follicles (odds ratio: 1.12; 95% confidence interval: 1.05-1.23; $P = 0.0001$). This
258 meant that the chances of the smaller follicle ovulating increased greatly with increasing
259 diameter differences between larger and smaller follicles. No significant effects of the
260 remaining variables examined were found. Ovulation failure rates were not related to
261 individual follicle diameters (Fig. 1). In Fig. 1, values for five smaller follicles larger
262 than 19mm were grouped with the values for follicles measuring 16-18 mm. Mean
263 diameter differences between larger and smaller follicles were 3.7 ± 2.4 mm and $5.7 \pm$
264 2.9 mm for single ovulating cows in which the larger follicle and smaller follicle
265 ovulated, respectively.

266

267 3.2. Double ovulation

268

269 For all cows with two follicles ($n = 316$), the likelihood of double ovulation decreased
270 0.7 times with every one-mm increase in the difference in diameter between the larger
271 and smaller follicle (odds ratio: 0.7; 95% confidence interval: 0.55-0.87; $P = 0.001$). No
272 significant effects of the remaining variables examined were found. Mean diameter
273 differences between larger and smaller follicles were 3.1 ± 2.7 mm and 3.8 ± 3.3 mm for
274 double ovulating cows and remaining cows, respectively.

275

276 3.3. Conception and twin pregnancy rates

277

278 Odds ratios for the conception rate variables recorded in all cows are provided in Table
279 4. Cows with two bilateral follicles were more likely (by a factor of 1.5) to conceive
280 than cows with one follicle ($P = 0.001$). Conception rates were similar for cows with
281 one and with two unilateral pre-ovulatory follicles (25.5 and 26.3%, respectively). No
282 significant effects of the remaining variables or interaction terms were detected. None
283 of the factors examined had an impact on the twin pregnancy rate.

284

285 4. Discussion

286

287 Our study sought to examine the effects of the presence of two ovulatory follicles
288 (defined as follicles of diameter 10mm or more [32]) at AI on the ovulatory response to
289 GnRH in a five-day progesterone- based FTAI protocol. The FTAI protocol proved
290 valuable and all cows had at least one 10mm or larger follicular structure and were
291 considered ready for insemination at FTAI, consistent with our recent findings [37]. The
292 points to be highlighted in the present study are: 1) the ovulation failure rate was
293 significantly higher for cows with one follicle than for cows with two follicles; 2) the
294 likelihood of ovulation failure was 0.75 times lower for every one-mm increase in
295 follicle diameter for cows with a single follicle, whereas individual follicle diameter
296 was not related to ovulation failure in cows with two bilateral follicles; 3) the mean size
297 of the larger follicle in cows with two follicles, and of the single follicle in cows with
298 one follicle was similar; 4) the likelihood of double ovulation was 0.7 times lower for
299 every one-mm increase in the size difference between follicles for all cows with two
300 follicles, whereas cows with two unilateral follicles showed a higher double ovulation
301 rate than cows with two bilateral follicles; 5) the conception rate at AI was higher for
302 cows with two bilateral follicles than for the remaining cows; and 6) a single ovulation

303 was recorded in 58.6% of the cows with two bilateral follicles and only the smaller one
304 ovulated in 40.5% of these cows. Our results thus suggest that the presence of two
305 ovulatory follicles at FTAI affects the ovulatory response to GnRH in lactating dairy
306 cows.

307

308 In cows with two bilateral follicles, every one-mm difference in diameter between the
309 larger and the smaller follicle increased the ovulation failure rate 1.12 times for the
310 larger follicle. Hence, our starting hypothesis that the larger follicle or single follicle in
311 cows with two or a single follicle respectively would show a similar Likelihood of
312 ovulation was not supported. This finding clearly explains differences in ovulation
313 patterns between cows with one or two ovulatory follicles. In cows with one follicle, the
314 likelihood of ovulation increased with increasing follicle diameter, reinforcing previous
315 results [37,38], whereas individual follicle diameter was not related to the likelihood of
316 ovulation in cows with two bilateral follicles. It is difficult to explain why it is the
317 smaller follicle that ovulates in these cows whereas the larger one remains anovulatory.
318 A switch in diameter rank between the dominant and largest subordinate follicle may
319 occur just before or at deviation within a follicular wave [39]. Also, a second deviation
320 could occur in cows with co-dominant follicles [40]. These processes could be related to
321 ovulation of the smaller follicle. Thus, an original dominant follicle could maintain its
322 likelihood of ovulation regardless of its loss of size rank with regards to the largest
323 subordinate follicle. Studies of functional changes in developing follicles are needed to
324 improve our understanding of the relationships between two co-dominant follicles. For
325 instance, the altered expression of cytokines in ovarian follicular structures may
326 contribute to anovulation in cattle [41].

327

328 If key determinants of a successful ovulation include the amount
329 of circulating gonadotrophin sequestered by a maturing follicle and
330 physical modifications to the ovarian surface, then the presence of
331 two ovulatory follicles on one ovary being more likely both to
332 ovulate than one follicle on each ovary is easier to interpret.
333 Whether there is also a particular relevance of inter- and intraovarian
334 gradients in temperature remains to be explored, but
335 such putative gradients would impact on proteolytic enzyme activity
336 [42]. Double ovulation and ovulation of the smaller follicle
337 were related to the least size differences between the larger and
338 smaller follicle. Thus, the development of two dominant follicles
339 seems more related to a small difference in size rather to the individual
340 diameter of each follicle.

341 Turning to mechanisms underlying multiple ovulations, a
342 transient increase of FSH and LH just before the process of follicular
343 deviation stimulates growth of the subordinate follicles at a rate
344 similar to the dominant follicle [24,43], especially in highproducing
345 dairy cows [24]. This mechanism together with the
346 increased follicular recruitment which occurs in cows delivering
347 twins [21] may favor the presence of co-dominant follicles. Scaramuzzi
348 et al. [44] proposed the “window theory”. In most cases, the
349 development of one dominant follicle occurs when the FSH level
350 reaches a required threshold before the deviation process. The time
351 span of this threshold constitutes either a narrow window that
352 allows a single follicle to ovulate, or a wider window allowing

353 multiple ovulations [44]. An increased pool of growing follicles may
354 increase the number of ovulatory follicles. Last but not least, relative
355 distribution of capillary blood-flow and humoral factors
356 therein could contribute to the selection and development of one or
357 two dominant follicles, whether or not a regressing corpus luteum
358 is present [45].

359 Half of the cows had two follicles at AI, and the subsequent
360 percentage of double ovulations for all cows was 18.2%. The prevalence
361 of double ovulating cows in this study is within the ranges of
362 12e28% referred to the total AIs reported in several studies
363 following FTAI [13,14,31,37], or of 14.5e22.5% for cows showing
364 spontaneous estrus not given hormone treatment [13,46]. This
365 means that the incidence of double ovulation is not a true reflection
366 of the rate of follicular co-dominance at AI. Probably, the mean
367 prevalence of cows developing two co-dominant follicles is close to
368 50%. As an increased twinning rate has been linked to increased
369 milk production in the past few decades [4,11], the incidence of
370 follicular co-dominance at AI and therefore the double ovulation
371 rate will doubtless continue to increase over the years to come.

372 Among other factors, improvements in nutrition and management
373 practices related to high milk production are likely to favor follicular
374 co-dominance [47].

375 In this context, attempts to reduce the risk of twin pregnancies
376 should be encouraged. In a recent study [29], the draining by ovum
377 pickup procedures of all follicles ≥ 10 mm except the largest follicle

378 at AI eliminated the risk of twin pregnancies. Furthermore, all
379 drained follicles developed as a corpus luteum seven days later,
380 although probably sub-functional. Variable proportions of granulosa
381 cells remaining in the follicle were a source for the subsequent
382 development of luteal tissue which remained as an
383 additional corpus luteum in cows that became pregnant [29].
384 Although these observations are preliminary, puncture and
385 drainage of the smaller follicles at insemination may abolish the
386 risk of twin pregnancies and reduce the risk of subsequent pregnancy
387 loss by increasing the incidence of additional corpora lutea.
388 In pregnancies in which the number of corpora lutea is higher than
389 the number of embryos, this additional corpus luteum is a strong
390 factor favoring pregnancy maintenance [11,28]. However, this idea
391 of reducing the smaller follicle warrants caution. As our results
392 show, only the smaller follicle ovulated in 23.7% (47/198) of cows
393 with bilateral follicles determining that follicular drainage could
394 reduce the fertility of cows with bilateral follicles. More work is
395 needed to find ways of promoting ovulation of the largest follicle
396 following follicular drainage; for example, by giving a further GnRH
397 dose at drainage. In this situation, additional GnRH could favor both
398 ovulation of the remaining largest follicle and luteal activity of the
399 drained follicle. If we consider the cows with unilateral follicles, in
400 which double ovulation occurred in practically half of them and
401 twin pregnancies affected a third of the subsequent pregnant cows,
402 the benefits should outweigh the possible negative effects of this

403 strategy.

404

405 Double ovulation has been linked to higher fertility [12,48].

406 Since double ovulation occurs in older cows [12,13], increasing the

407 ovulation rate might be a strategy to increase opportunities of

408 pregnancy, both for cows and other low ovulating mammalian

409 species [47]. Irrespective of the double ovulation rate, the conception

410 rate at AI was higher for cows with two bilateral follicles than

411 for cows with two unilateral or a single follicle. The inclusion here

412 of two follicles as an independent factor probably masked the

413 possible positive effects of double ovulation on the conception rate.

414 However, in a further analysis excluding the number of follicles

415 (data not shown), no factors could be related to the conception rate.

416

417 Well-documented evidence exists of the functional asymmetry

418 of the mammalian body. In the cow, many studies have shown that

419 the right ovary and uterine horn are larger and more active than the

420 left one [49e52]. The right ovary was more active in cows with a

421 single follicle and in cows with two unilateral follicles, but right-left differences were

422 not highlighted in cows with two bilateral follicles.

423 Our observation of one co-dominant follicle in each ovary

424 suggests no detectable asymmetry in ovarian function in these

425 animals. Moreover, ovulation failure and conception rates were

426 practically the same for the right and left sides. These results

427 indicate that asymmetry in the reproductive system of the cow is

428 determined by the activity of the right versus left ovary rather than
429 by physiological differences in the uterine horns. In other words,
430 asymmetries in genital tract morphology and physiology would
431 seem to be secondary to gonadal asymmetry.

432

433 In our geographical zone, heat stress conditions have been
434 strongly linked to low fertility [53,54] and to a high incidence of
435 ovulation failure [13,55]. However, heat stress, defined as an environmental
436 THI >72 [35], had no effect on conception or ovulation
437 failure. The progesterone-based protocol for FTAI used here probably
438 offset the negative effect of heat stress, consistent with previous
439 studies [30,31].

440

441 As an overall conclusion, cows with two co-dominant follicles at
442 AI, whether unilateral or bilateral, showed different ovulation
443 patterns to those observed in cows with only one dominant follicle.
444 A higher ovulation failure rate was recorded in cows with one
445 follicle than in those with two follicles, whereas the conception rate
446 was higher for cows with two bilateral follicles than for cows with
447 one follicle or two unilateral follicles. In cows with two follicles,
448 double ovulation along with ovulation of the smaller follicle were
449 related to the smallest size difference between the larger and
450 smaller follicle.

451

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453

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455

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457

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616 Table 1. Independent variables recorded at AI for each class concerning number of
617 ovulatory follicles and effects of the different classes on each dependent variable (n =
618 622).

| Number of cows with | One single ovulatory follicle (n = 306) | Two bilateral ovulatory follicles (n = 198) | Two unilateral ovulatory follicles (n = 118) |
|---|---|--|--|
| Independent variables | | | |
| Parity (multiparous) | 169 (55.2%) | 124 (62.6%) | 68 (57.6%) |
| Milk production (≥ 40 kg) | 128 (41.8%) | 82 (41.4%) | 48 (40.7%) |
| Days in milk (>90 d) | 183 (59.8%) | 112 (56.6%) | 70 (59.3%) |
| Heat stress (max THI $>$ 72) | 188 (61.4%) | 111 (56.1%) | 72 (61%) |
| Dependent variable ^a | | | |
| Ovulation failure ^b | 49 (16%) ^a | 20 (10.1%) ^b | 13 (11%) ^b |
| Double ovulation ^c | 0 (0%) ^a | 62 (34.8%) ^b | 51 (48.6%) ^c |
| Follicle diameter (mm) ^d | 16.1 \pm 3.96 (range 10-30) | 16.0 \pm 3.35 (range 11-25) | 16.1 \pm 4.32 (range 10-32) |
| Conception rate at AI | 78 (25.5%) ^a | 69 (34.8%) ^b | 31 (26.3%) ^a |
| ^e Twin pregnancy rate ^e | 0 (0%) | 7 (10.1%) | 10 (32.3%) |

619 ^aValues with different superscript differ within rows according Tukey-Kramer Tests (P
620 < 0.05).

621 ^bFor both follicles in cows with two ovulatory follicles.

622 ^cPercentages on ovulating cows.

623 ^dFor the larger follicle in cows with two ovulatory follicles.

624 ^fPercentages on pregnant cows.

625 Table 2. Follicular patterns related to the presence of one or two ovulatory follicles in
626 the right or left ovary.

| Number of cows with | One single ovulatory follicle (n = 306) | Two bilateral ovulatory follicles (n = 198) | Two unilateral ovulatory follicles (n = 118) |
|---------------------|---|--|--|
| Right ovary | | | |
| Number of cows | 198 (64.7%) ^a | 198 (100%) | 84 (71.2%) ^a |
| Ovulation failure* | 34 (17.2%) | 76 (38.4%) | 11 (13.1%) |
| Double ovulation | | | 37 (44%) |
| Conception rate** | 51 (25.8%) | 42 (21.2%) | 20 (23.8%) |
| Left ovary | | | |
| Number of cows | 108 (35.3%) ^b | 198 (100%) | 34 (28.8%) ^b |
| Ovulation failure* | 15 (13.9%) | 82 (41.4%) | 2 (5.9%) |
| Double ovulation | | | 14 (41.2%) |
| Conception rate** | 27 (25%) | 34 (17.2%) | 11 (32.4%) |

627 ^{a, b} Values with different superscript differ within columns according Tukey-Kramer

628 Tests ($P < 0.05$).

629 *For this ovary in cows with bilateral pre-ovulatory follicles, irrespective of which
630 occurs in the contralateral ovary, and for both follicles in cows with unilateral pre-
631 ovulatory follicles.

632 **In the ipsilateral uterine horn in cows with bilateral pre-ovulatory follicles.

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634

635 Table 3. Odds ratios of the ovulation failure variables included in the final logistic
 636 regression model (n = 622).

| Factor | Class | n | % ovulation failure ^a | Odds ratio | 95% confidence interval | P |
|-------------------------------------|--------------|--------|-------------------------------------|---------------|-------------------------------|------|
| Number of ovulatory follicles | 1 | 49/306 | 16.0 | Reference | | |
| | 2 bilateral | 20/198 | 10.1 | 0.09 | 0.03-0.55 | 0.01 |
| | 2 unilateral | 13/118 | 11.0 | 0.11 | 0.05-0.2 | 0.02 |

637 Hosmer and Lemeshow Goodness-of-fit test = 28.6; 3 df, P = 0.92.

638 R² Nagelkerke = 0.12

639 ^aFor both follicles in cows with two pre-ovulatory follicles.

640

641 Table 4. Odds ratios of the conception rate variables included in the final logistic
 642 regression model (n = 622).

| Factor | Class | n | % conception rate | Odds ratio | 95% confidence interval | P |
|-------------------------------------|--------------|--------|-------------------------|---------------|-------------------------------|-------|
| Number of ovulatory follicles | 1 | 78/306 | 25.5 | Reference | | |
| | 2 bilateral | 69/198 | 34.8 | 1.5 | 1.11-2.38 | 0.001 |
| | 2 unilateral | 31/118 | 26.3 | 0.11 | 0.54-3.52 | 0.6 |

643 Hosmer and Lemeshow Goodness-of-fit test = 22.6; 3 df, P = 0.90.

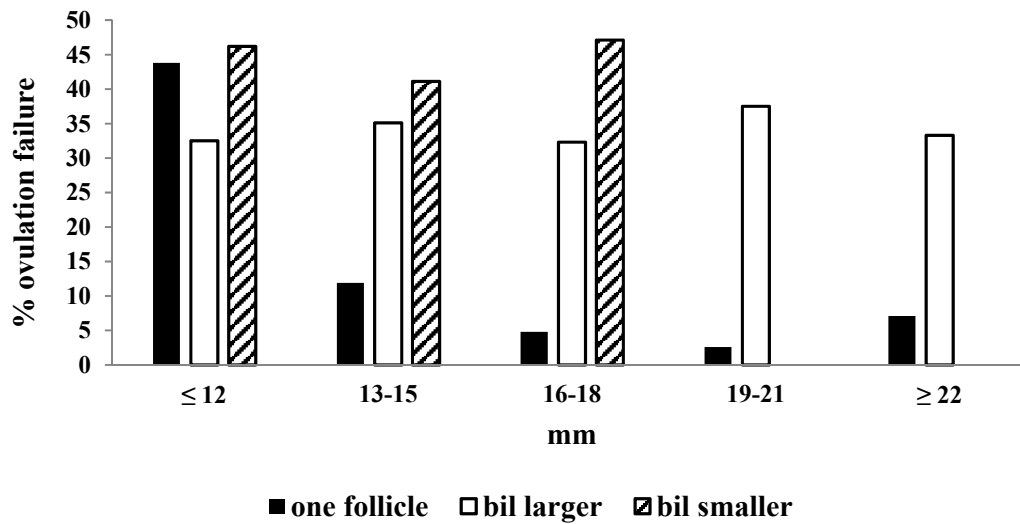
644 R² Nagelkerke = 0.14.

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647 Figure 1. Ovulation failure rates recorded in cows with one ovulatory follicle (n = 306
648 “one follicle”), cows with two bilateral ovulatory follicles (n = 198 “bilateral. larger”, or
649 the larger of the two follicles and “bilateral smaller”, or the smaller of the two follicles).
650 Values for five smaller follicles larger than 19mm were grouped with the values for
651 follicles measuring 16-18 mm. bil = bilateral.

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